

# Food for Thought

Dairy and Gluten  
Free Options

Please come and join us for a cream  
tea and themed conversations over  
seven weeks

at the Rookley Prayer Hub.

(Methodist Chapel near the green)

Starting Saturday 6<sup>th</sup> July  
from 2 to 3.30pm

Join us for  
one session  
or more

Any questions  
Contact Helen on  
854052

Themes include:  
Spirituality  
Environmental  
concerns  
Community  
Character